

Spectrum Referral Form

Date of referral			
Referrer's full name			
Your Service/Organisation/School			
Your Role/Position			
Your contact telephone number			
Your email address			
Name of person being referred		Date of Birth	
Preferred Name		Pronouns (if know)	
Gender		Full address	
Is the person in education. If so, which school, college, alternative provision do they attend.			
Is the young person persistently absent?	Y/N		
Which other services are currently supporting this person?			
Does the person have any support needs eg. learning difficulties, disabilities, mental health needs?			
Please provide details			
Are there any reasonable adjustments that could be made to support the YP eg. large text, coloured paper.			
Has this person consented to this referral?	Spoken to: Permission given: Y/N Date:		
Have the parent/carer consented to this referral (under 18's)?	Spoken to: Permission given: Y/N Date:		
Has permission been given by this person to arrange Spectrum support via school/college/alternative provision?	Y/N Date:		

Risk Assessment

Please complete the risk summary below including a summary of your main concerns.

Summary of the main concerns to be addressed through early intervention or outreach support work.	
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Child in Care	Y/N	Unhealthy coping strategies eg. eating disorders, self-harm, alcohol and substance misuse	Y/N
Relationships with significantly older partner (more than 4 years)	Y/N	Repeated sexually transmitted infections/Pregnancy	Y/N
Lack of awareness of personal safety or consent eg. risky sexual behaviour, issues with online safety	Y/N	Independently able to access support services such as health care	Y/N
Going missing from home or care and/or being found out of area.	Y/N	Self-harm, eating disorders	Y/N
Receiving gifts from unknown sources	Y/N	Poor mental health and wellbeing	Y/N
Exploitative relationships with peers/romantic/family	Y/N	Estranged from family	Y/N
Thoughts/attempts of suicide	Y/N	Vulnerable to grooming & exploitation	Y/N
Low level mental health concerns including low mood, anxiety or behavioural issues specifically related to gender/ sexuality	Y/N	Exploring gender and/or (a)sexuality and looking for support	Y/N

This form should be completed as fully as possible and emailed securely to

spectrum.outreach@spectrum-cic.nhs.uk

RESPECT Programme (Spectrum's exploitation and coercion programme)

Spectrum's evidence based, educational **early intervention exploitation and sexual coercion programme** to support young people in the Wakefield and Barnsley area, on either a group or one to one basis. This programme is designed to support young people who are at potential risk of exploitation or coercion. **Criteria as follows:**

- 1) Aged between 11 and 18.
- 2) Live or go to school in the Wakefield or Barnsley areas.
- 3) **Verbal consent** has been gained from young person parent/carer, and they understand the support that is being offered.
- 4) Not currently receiving care for CSE/CCE from other support services. (or similar)

This is Me! (Spectrum's LGBTQIA+ wellbeing programme). Wakefield ONLY

This programme equips young people with strategies for building resilience linking to identity and it is centred upon students evaluating risk both in a physical and emotional sense. They will be introduced to the importance of accessing support and celebrating who they are. The programme is designed to be delivered in 5 -hours to groups with an independent, advocacy project at the end. For one-to-one interventions, this can be done over a more flexible timescale. Spectrum can also offer additional training for young people who would like to support their peers as Equality ambassadors. **Criteria as follows:**

- 1) **The young person is experiencing low level wellbeing issues such as anxiety, low mood and behavioural difficulties relating to their gender and/or (a)sexuality or the pupil is attending a group session as a supportive friend or ally.**
- 2) Verbal consent has been gained from young person, and they understand the support that is being offered.
- 3) A discussion has been had with the young person around their preferences for group or one-to-one support. Not all young people will feel comfortable in a group setting and it's important to maintain pupil confidentiality. Groups may be built around existing friendship groups.
- 4) Aged between 11 and 18.
- 5) Live or go to school in the Wakefield area.

Please note that not every young person will feel able to disclose their gender and/or sexuality at home. Therefore, any discussion about this program with parents/ carers should be done in conversation with the young person. If you have any concerns about this, please feel free to get in touch.

Sexual Health Outreach (Spectrum's Outreach Service)

Spectrum's Outreach Team provide sexual health services to people in the community that may otherwise find it difficult to access services. We offer onsite testing for sexually transmitted infections and pregnancy, help to access our sexual health clinics, contraception advice and targeted RSE sessions within alternative provisions.

Criteria as follows:

- 1) The person is in the 'looked after' system, on a child protection/child in need plan whereby their vulnerabilities **prevent them from accessing mainstream sexual health services.**
- 2) Clients that have mental health and/or alcohol or substance misuse issues that **impacts on their engagement with mainstream sexual health services.**
- 3) Clients with a learning disability/difficulty that affects their engagement with **mainstream sexual health services.**

- 4) Aged 13+
- 5) Live in Wakefield and surrounding areas or Barnsley
- 6) **Verbal consent** has been gained from young person and they understand the support that is being offered.

NEET provision

Spectrum offer targeted relationship and sex education (RSE) sessions to young people who are not in education, employment or training (NEET*). The sessions can be delivered in 1:1 or small group contexts and support young people to build knowledge and resilience around sexual health and relationships, empowering them to keep healthy, happy and safe. Sessions cover topics such as consent, healthy relationships, contraception, STIs, accessing clinical services and safe condom use. Sessions can be delivered independently or as part of a series.

Essential criteria as follows:

- 1) Young person lives in a Wakefield postcode
- 2) Verbal consent has been gained from the young person(s), and they understand the support that is being offered

Further criteria (only ONE required)

- 3) Young person is aged 13 – 15 and not in full time education, employment or training
- 4) Young person is aged 13 - 15 has been assessed as *at risk of becoming NEET* due to attendance or other circumstances
- 5) Young person is aged 16 – 18 and not in full time education, employment or training

*For more information about who counts as NEET, please contact the email below.

Please ensure the referral form is completed as comprehensively as possible and return to spectrum.outreach@spectrum-cic.nhs.uk